

# MESSAGE DISCUSSION QUESTIONS

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This week Senior Pastor Marty Grubbs kicked off our new series—Fearless: Finding Courage in God—looking at a favorite text where the disciples find themselves in a precarious storm in the middle of a lake and are worried for their lives. Jesus is literally in the boat with them, and yet they are afraid the waves will overtake them, and they will die. Jesus wakes up and points out their lack of faith; he calms the storm and rebukes their lack of belief. We all face storms today. Fear is usually the reaction when we feel out of control in a situation. At these times, we need to remember Jesus is in the boat with us.

## SCRIPTURE

### MARK 4:35-41

"As evening came, Jesus said to his disciples, "Let's cross to the other side of the lake." So they took Jesus in the boat and started out, leaving the crowds behind (although other boats followed). But soon a fierce storm came up. High waves were breaking into the boat, and it began to fill with water.

Jesus was sleeping at the back of the boat with his head on a cushion. The disciples woke him up, shouting, "Teacher, don't you care that we're going to drown?"

When Jesus woke up, he rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm. Then he asked them, "Why are you afraid? Do you still have no faith?"

The disciples were absolutely terrified. "Who is this man?" they asked each other. "Even the wind and waves obey him!"

### ISAIAH 41:10

"So do not fear, for I am with you;

do not be dismayed, for I am your God.

I will strengthen you and help you;

I will uphold you with my righteous right hand."

## DISCUSSION QUESTIONS

1. What stood out from Marty's message?
2. Read Mark 4:35-41. Describe in your own words the event with the disciples and Jesus.

3. Consider your own reaction if you were one of the disciples. How does this reflect your reaction to fearful situations today (confusion, medical diagnosis, unemployment, etc.)?
4. What storms have you faced where Jesus calmed it, where trust overcame fear?
5. What storm are you facing, or in the middle of now? Name your fears. How are you bringing this to Jesus? How can we come alongside you in faith?
6. Read Isaiah 41:10.
7. How can we pray for you? Read Psalm 23 aloud.

## **PRAYER**

Admit to God that you grab hold of fear in certain situations in your life. Acknowledge that most times you are leaving trust behind when you do. Ask God to renew the trust you have in him, relieve your fear, and remind you of his faithfulness.